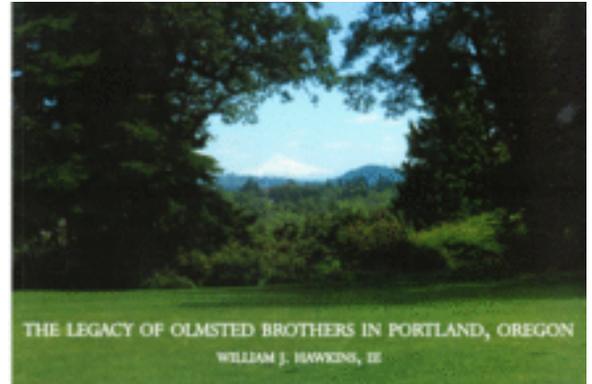




WINTER LUNCHEON SET FOR FEBRUARY 16

The SMA Winter Luncheon will be held at the Multnomah Athletic Club on Tuesday, February 16th at 11:30 am. Our speaker will be architect and historic preservationist William Hawkins, III. He will be talking about his latest book *The Legacy of the Olmsted Brothers in Portland, Oregon*. The Olmsted Brothers landscape architecture firm created the plan for Portland's parks and greenspaces. Hawkins' book covers that history and demonstrates the impact the Olmsted's plans influenced not just the parks but the entire city.

Hawkins' 200-page soft cover book will be available to purchase for \$40. With an abundance of color photos and historic maps, the book traces the development of Portland's system of parks and parkways from 1871. It is a book for all Portland lovers. Books can be ordered in advance.



Invitations and RSVP forms will arrive soon. For the first time, members will have the opportunity to pay for their luncheon reservation by credit card on the SMA website. Credit card payments are optional; mailing your check with the reservation form is still the standard. We cannot take your credit card for book purchases. If you want to pre-order a book, please include a check with your mailed luncheon response.

CHOCOLATE SALE



The annual SMA Chocolate Sale will be held this year one day only, on Friday, February 12. We will once again ask our members to volunteer at sales tables selling high quality chocolates just before Valentines Day. Most of our offerings are from Northwest chocolatiers. There will be old favorites from Lilliebelle, Praulus, Frans, and Seattle Chocolates. There will be some exciting new products too. Portland Bitters Project will offer bottled chocolate bitters (with recipes), Pitch Dark Chocolate will bring their chocolate-covered caramel popcorn, and Batch PDX will have hand-made truffles in holiday gift boxes. Jodi Karr hopes to hear from many enthusiastic volunteers to help with this popular fundraiser. Sales tables will be set up in the lobby of the Mark Hatfield building, the hospital's 9th floor (near the tunnel) and the CHH atrium from 9 am - 3 pm. A sales table in downtown Portland's Market Square Building will provide sales to the Foundation and OHSU administrative offices from 11 am - 1:30 pm. A call for volunteers will arrive later this month.

Be sure to stop by and stock up on these delicious chocolates and remind spouses, family members and friends on campus to stop by at this year's one-day only sale on February 12.

FROM THE PRESIDENT

SMA was busy in December! There were two fundraising events, a jewelry sale of our own talented Laurel Swetman's work hosted by Jean Morton and Jo's Holiday Designs, a sale at CHH of individualized hand crafted ornaments, the third year we have presented this. Thank you to the volunteers who helped with the ornament sale: Joan Foley, Jean Morton, Kay Dawson, Louise Magun, Zilpha Haycox, Jodi Karr and Joan Kruse. Each sale returned 22% of the profit to SMA and we are extremely grateful for these generous contributions to our cause.

We will catch our breath in January and then February brings our annual Valentines Day Chocolate sale and our Winter Luncheon. A very happy and healthy New Year to us all!

Pam Berg

•**Credit card payments.** SMA is pleased to bring you the convenience of paying for luncheons by credit card. Credit card payment is optional; your check is still warmly welcome. Credit card payments are accepted on our website only. There is no fee to users for this service. Make your luncheon reservation on our website at the Members Only page beneath the luncheon article; make your menu choice, click on the "Buy" button and enter your credit card information. If you are bringing a guest, simply purchase two lunches. If you experience any problems, please contact Micki Sparr (see your member directory) for assistance.

•**More photos.** Please visit our website for photo galleries from past luncheons, interest group events, garden parties and fund raisers. Scroll to the bottom of the Members Ony page to find buttons that will take you to photo archives.

INTEREST GROUP ACTIVITIES and COMING EVENTS

*Interest Group contacts can be found in your Member Directory. Contact them for details on the groups' activities, meeting locations, etc.

January

4	Movie Group
6	SMA Board meeting, 12 noon
7	Bridge Group, 1 pm
7	PM Book Group, Annual Dinner meeting, 7 pm
12	AM Book Group, <i>God on the Rocks</i> , by Jane Gardem, 10 am
13	Threads Group, 9:30 am
21	Bridge Group, 1 pm
25	B3 Packing, 9:30 am, CDRC

February

1	Movie Group
3	SMA Board meeting, 12 noon
4	Bridge Group, 1 pm
9	AM Book Group, <i>Suspended Sentences</i> , by Patrick Modiano, 10 am
10	Threads Group, 9:30 am
11	PM Book Group, <i>The Art of Hearing Heart Beats</i> , 7 pm
16	Winter Luncheon, 11:30 am
18	Bridge Group, 1 pm

March

2	SMA Board meeting, 12 noon
3	Bridge Group, 1 pm
7	Movie Group
8	AM Book Group, 10 am
9	Threads Group, 9:30 am
10	PM Book Group, <i>Being Mortal</i> , by Atul Gawande, 7 pm
17	Bridge Group, 1 pm
28	B3 Packing, 9:30 am, CDRC

2015-16 SMA Officers

President: Pamela Berg
 Vice President: Susan McAnulty
 Treasurer: Anne Taylor Yoo
 Secretary: Ginny Brooks
 Past President: Sarah McCarty

SMA newsletters are published quarterly and sent via email to our membership. More photos and other information is available on the website. Click "Members Only" tab, the password is "smamember".

www.sma-ohsu.org

Send articles, photos or calendar events to:
smaohsu@gmail.com

SMA MEMBER PROFILES

*In an effort to help our members get to know each other a little better, we are offering some short profiles of SMA members. Our thanks to **Pam Anderson** and **Joan Kruse** for conducting interviews, writing the profiles and supplying photos.*



Gillian Casson
member since 1976

Did you know this about 1976? A first class stamp cost 39 cents, the Federal debt was \$629 billion and Gillian Casson joined the SMA!

Gillian's accent comes from Wallasey, England, where she was born. When she was ten, her family took "the ferry 'cross the Mersey" to Liverpool. She met her husband Henry there and then married life took them across a larger pond!

Crossing the Atlantic by ship in 1965 they arrived in Brooklyn, NY; Henry doing his Anesthesia Residency research year at Downstate Medical School and Gillian working as a research lab assistant. In 1966 they moved to Barnes Hospital in St. Louis where Henry completed his residency and joined the Anesthesia Department while Gillian worked as a research assistant in Metabolism. In 1971 they moved to the University of Colorado Medical School. Their daughter Sarah was born while they were in Denver and Gillian joined the Faculty Wives Club. Being an avid reader, she joined their Book Group.

In 1976 the Cassons came to OHSU and Gillian joined SMA (then the Faculty Wives Club). Joining the Morning Book Group was her first activity! She has also served as Treasurer in the days of the volunteer-staffed Gift Cart and then as jSMA President in 1990.

She recalls ripping flannel and sewing it together with batting to make the blankets in the earliest years of BBB and attending Garden Parties at the Pennington's farm. Gillian also fondly recalls the baking workshops for the Holiday Bazaar, packaging beans for the Bean Soup mix and cooking up soup and chili offered for sale at the event.

As Interest Groups were introduced, Gillian joined Threads,



Careen Langslet
member since 2014

One of our newer members, Careen Langslet was introduced to the SMA by Pam Probst in 2013.

Warm and friendly and a native Portlander, Careen is active and involved in the community. She is an avid hiker and served several years on her athletic club's walking and hiking committee. The South Waterfront and other urban areas are favorite walking destinations.

If that isn't enough to keep her busy, Careen also plays cards, in particular, duplicate bridge, cribbage and a progressive rummy group. She belongs to the SMA bridge group and is a regular with the BLT group.

Her current project, along with the guidance of her architect son, is designing, selecting materials, and determining colors for total bathroom remodels.

Although her current life is busy and involved, in her youth she parented two young children while attending graduate school in Puget Sound. Her education led her into a career in Occupational Therapy. She spent many years working for Multnomah Education Service District (MESD) assigned to East County Schools. The focus of her work was evaluating sensory functioning of students with Autism Spectrum Disorder. Most of the evaluations were held in the classroom and she would write up a sensory diet or sensory activity programs for individual students. Those recommendations would be implemented and reviewed monthly as to their efficacy. She credits setting realistic goals and not taking herself too seriously in maintaining a long career. Retired three times, she came back to MESD three days a week consulting at different schools. When asked what prevented burnout, she replied, "Being part of

Gillian Casson, continued

Garden Group, BLT, Gourmet Group and Movie Group. She also takes pictures of many of our SMA events.

In addition to her SMA activities and offices, Gillian was a NCJW (National Council of Jewish Women) volunteer in many community service projects before serving on the Portland Section Board from 1986-2003, and President from 1992-94. She then served as their State Public Affairs Chairman, serving on many coalitions in that capacity for seven years.

When her daughter started elementary school, Gillian went back to school and completed her BS degree in Psychology at PSU.

Gillian and Henry take many trips to England to visit family and often go beyond the UK to explore Europe. They have enjoyed RiverBoat excursions and Hotel Barges. They also enjoy the Hawaiian Islands and hiking in many of our National Parks. They make frequent trips to Central Oregon and Bend, where their daughter Sarah and her husband live.

There is no doubt that you have met Gillian at an SMA event...her lovely British accent, her warm and friendly manner have been gracing the SMA for 39 years!

Careen Langslet, continued

a team, keeping an upbeat attitude in the classroom and pausing before a difficult situation.”

Committed to being a retired clinician, Careen now enjoys being a Rosarian as well as an SMA member. Rosarians are the official greeters and ambassadors of goodwill for the City of Portland. Having four grandchildren, two of whom live next door, keeps Careen close to the home fires. As a piano teacher and former classroom teacher, she is actively involved with her family. We, too, are happy to welcome Careen to the SMA where her sanguine personality is appreciated.

