



THE HEART OF HEALING



We welcome Sharon Anderson, M.D., Dean of the OHSU School of Medicine, as the speaker at our Fall Luncheon. When Dr. Anderson became dean in July 2017, she insisted she be allowed to continue her work as a nephrologist, including a monthly trip to Roseburg to care for veterans with kidney ailments. She considers opportunities to speak to students and residents as well as giving Grand Rounds in the Department of Medicine important components of her new duties.

Dr. Anderson's remarks center on how service and teaching are crucial not only to advance human health but as a key contributor to physician wellness. Her presentation, "At the Heart of Healing: How Practicing Medicine is First about Service", is sure to inspire us.

SMALuncheons are a wonderful time for members to gather together as we share the common bond of service to the School of Medicine and the friendships that connect us all. Please take this opportunity to invite a potential new member so they can start enjoying the benefits of belonging to our great organization.

The luncheon will be at 11:30 am on Tuesday, October 17 at the Multnomah Athletic Club. The deadline to receive your reservation is October 12. Mail check for \$35 and menu choice to Pam Probst.

CELEBRATE OUR 70th YEAR

Calendars should already be marked with a big red **X** for a special evening to celebrate our 70th year of service to OHSU's School of Medicine and the community.

We hope members and their spouses or guests will join us for an elegant social event at the Town Club at 6 pm on November 9. The Town Club is at 2115 SW Salmon with ample free parking. Details on menu and RSVP will follow shortly. This event is being organized by Kay Dawson and Joan Foley.

GARDEN PARTY A DELIGHT

SMA's summer Garden Party is always a delight and this July's event was no exception. The lovely terrace at the home of our hosts, Laurie and Paul Flint, was the perfect place to be on a warm evening, surrounded by friends and good food.

You will find a slideshow of pictures from the event on our website, www.sma-ohsu.org.

FROM THE PRESIDENT

Since the last newsletter, Mary Carr and I were present for the ever-fun College Cup Challenge in August. Also in August, Mary attended the Partners in Medicine dinner, in which the newly-entering MD Candidate Class of 2021 had the opportunity to mix with second-year students, creating important mentoring connections. Through these events, the SMA has continued to expand our connections with students and have identified several who are willing to provide feedback on future SMA service projects. I have also received a warm thank you note from Dr. Schelonka and the nurses in the NICU for SMA's "generous gift to our families and babies" expressing their gratitude for the Gwynn Dockery Family Lounge.

The long hot summer seems to be over and a welcome cooling into Autumn is occurring. Our first fall event is our luncheon on October 17. We will hear an address on the future of the School of Medicine from our new Dean Sharon Anderson. We hope all of you will attend. We shall be celebrating our 70th year in November at a special event at the Town Club. I am still looking for volunteer packers for our layettes the fourth Monday every other month. Please contact me directly if you are able to assist, at 503-908-1482.

Pam Berg

Interest Groups. The Interest Groups are very popular among SMA members. They provide a way for members with similar interests to gather, socialize and maybe even learn something new. Threads, Garden Group, Movie Group and both morning and evening Book Groups remain active. But a few groups have recently gone "dormant", just waiting for someone to step up and be willing to organize or host a meeting or two. Our Bridge, Gourmet and BLT, and Walking groups are ready to start back up with a willing chair. Board members and others are willing to offer support, tips and even lists of former destinations if you are willing to take the lead. Contact any board member if you want to discuss this further.

INTEREST GROUP ACTIVITIES and COMING EVENTS

*Interest Group contacts can be found in your Member Directory. Contact them for details on the groups' activities, meeting locations, etc.

October

2	Movie Group
3	AM Book Group, <i>The Moor's Account</i> , 10 am
12	Threads Group, 9:30 am
13	Monthly Board Meeting, Dean's Office, noon
13	PM Book Group, 7 pm
17	Fall Luncheon, MAC, 11:30 am

November

6	Movie Group
7	AM Book Group, 10 am
9	SMA 70th Anniversary Party, Town Club, 6 pm
10	Threads Group, 9:30 am
11	PM Book Group, 7 pm
27	B3 Packing, 9:30 am, CDRC

December

4	Movie Group
6	AM Book Group, 10 am
8	PM Book Group, 7 pm
14	Threads Group, 9:30 am

2017-18 SMA Officers

President: Pamela Berg
Vice President: Mary Carr
Treasurer: Leslie Robinson
Secretary: Marjorie Grafe

SMA newsletters are published quarterly and sent via email to our membership. More photos and other information is available on the website. Click "Members Only" tab, the password is "smamember".

www.sma-ohsu.org

Send articles, photos or calendar events to:
smaohsu@gmail.com

In an effort to help our members get to know each other a little better, we are offering some short profiles of SMA members.

*Our thanks to **Pam Anderson** for conducting interviews, writing the profiles and supplying photos.*

If you would like to join Pam in providing these popular profiles, please contact her for more information.



Hilary Almers member since 1999

Hilary Almers was introduced to the SMA in 1999 when she and her husband, Wolf, first arrived in Portland from Heidelberg, Germany. Wolf had just accepted the position of Senior Scientist at the Vollum Institute resulting in an invitation to a New Faculty Reception at a member's home in Dunthorpe. It was there that Hilary met Susan Sack who told her about SMA projects and activities. Later Louise Magun invited her to attend an Evening Book Group and that began Hilary's involvement with the SMA.

Eighteen years later she is still in the Book Group and enjoys the lively discussions there. She also participates in Blankets and Books for Babies, frequents Garden Group excursions and has held the Board position of Membership Chair since 2013.

Hilary was born in England and after completing studies in French language and literature at Oxford, went to Germany as an assistant English teacher. While teaching in Worthing, Sussex she decided to pursue German as a third foreign language and studied it for three years. "I must have already known how it would affect my life, linking me into another important part of European culture, although I had no idea just how big a role it would play in my personal life!"

In 1963 she began teaching in a girl's high school (Gymnasium) in West Berlin, two years after the infamous wall was built. One of her senior students introduced Hilary to her brother, who had just returned from America and was studying medicine at the Free University. Four years later Wolf and Hilary were married and that student is now her sister in law!

Wolf was offered a research scholarship in the Physiology Department at Duke University, so off they went to begin their life in America. After a few years, Wolf continued with his doctoral research at the University of Rochester, NY and Hilary began working on her doctorate in Comparative Literature. Post-doctoral work took them to Cambridge, England for three years, where their son Matthias was born. Then a job offer at the University of Washington in 1974 beckoned them to a whole

new kind of life in the great Northwest where they lived in Seattle for eighteen years. It was there that daughter Lucy was born, who now lives with her husband and three-year-old son in San Francisco. In Seattle, Hilary took a position teaching French at the Bush School and served as President of the Seattle-Nantes Sister City Association.

One more trans-Atlantic move occurred when Wolf accepted a Max Planck directorship at the Institut fuer Medizinische Forschung (Institute for Medical Research) in Heidelberg. During this time Hilary was able to teach courses in the Department of Education at the University of Heidelberg and later worked as a translator and documentation specialist at SAP, a leading German computer company. Lucy attended the European School in Karlsruhe, graduated with a bi-lingual baccalaureate and returned to attend college in the U.S. By then, Matthias had graduated from Columbia University and was living in New York.

After all of this movement and travel, Hilary and Wolf were delighted to come back to the Northwest and settle in Portland. They were thrilled to have the whole family together on one continent!

Portland gave Hilary the opportunity to continue her career at GemStone Systems and later at Freightliner/Daimier Trucks North America as a User Education Specialist in the IT Department. She is now retired. Wolf was granted the title of Professor Emeritus in 2016.

Besides her involvement with the SMA, Hilary embraced Portland's history with involvement in the Urban Tour Group where she still volunteers as a downtown walking tour guide. She enjoys cooking, gardening and spending as much time as possible with her grandchildren. When time permits, she and Wolf love an escape to the Oregon Coast.

We are happy that Hilary joined the SMA eighteen years ago and are so appreciative of all of her involvement, especially keeping track of our Membership. Thank you, merci beaucoup, danke sehr Hilary for sharing your life story with us!

