



SMA WINTER LUNCHEON



Food Stylist, Delores Custer

Our Winter Luncheon will be spiced up with the appearance of Food Stylist Delores Custer as our guest speaker. The luncheon is scheduled for Tuesday, February 18 at the Portland Golf Club. Members should already have received a “save the date” email and will receive additional details and reservation information in the coming weeks.

Delores is an internationally known food stylist whose work has appeared in magazines, television, print advertising and feature films. Her numerous clients have included: Time-Life Books, Cuisine, Redbook, Ladies Home Journal, Woman’s Day, Family Circle, Life, Chocolatier, Gourmet, Bon Appetit and Fine Cooking, Budweiser, Cuisinart, The Food Network, General Mills, Kraft, Pillsbury and Nestle.

She has taught courses in Professional Food Styling, Recipe Writing, and Food Demonstration Techniques for Television at New York University, The Culinary Institute of America, The Institute of Culinary Education and culinary schools around the world. She has developed recipes for various food companies, has contributed to several cookbooks and published her own book, *Food Styling: the Art of Preparing Food for the Camera*.

VALENTINE CHOCOLATE SALE

Great for chocolate lovers - fun for volunteers!

The chocolate sale steering committee has been “hard at work” tasting many different Northwest chocolates to make selections for our annual chocolate sale. The choices for this year’s sale will be a mix of best sellers from last year, Fran’s of Seattle and Portland’s Cacao, as well as some new choices from Lillie Belle Farms (Central Point, Oregon) and Seattle’s Chocolate. The sale dates are February 13 and 14 at the same four locations as last year. Look for detailed information to arrive later on volunteer time slots – this is a fun event and some of the time slots fill early. Contact organizer Jodi Karr by email now to secure your favored time and location.



Lillie Belle Farms Artisan Chocolates

2013-14 SMA Officers

President: Anne Taylor Yoo
Vice President: Susan McAnulty
Treasurer: Pam Berg
Secretary: Ginny Brooks
Past President: Jodi Karr

ORNAMENT SALE ANOTHER SUCCESS FOR SMA

The SMA-sponsored Holiday Ornament sale was held on December 10 in the CHH Atrium. Jo Remensperger brought her personalized handmade ornaments. Due in large part to cold weather warnings, the foot traffic was lighter than usual that day. SMA netted \$565, somewhat lower than the previous year, but still a lot of ornaments at \$12-\$15 each. Thanks to Joan Foley, Jean Morton, Zilpha Haycox, Carole Starr, and Kay Dawson who all helped on sale day to ensure a successful event. Thanks also to Kathleen McFall, Elizabeth Zdunich and Rodney Taylor in the SoM Dean's Office for their help in planning the sale and arranging parking (parking generously paid for by Dean Richardson).

SMA INTEREST GROUPS and COMING EVENTS

*Interest Group contacts can be found in your Member Directory. Contact them for details on the groups' activities, meeting locations, etc.

January

6	Movie Group
8	Threads Group, 9:30 am
8	SMA Board Meeting, 12 noon
9	PM Book Group Annual Dinner, 7 pm
14	AM Book Group, 10 am, <i>They Came Like Swallows</i> , by William Maxwell
15	BLT Group, excursion to Forest Grove
27	B3 Packing day, 9:30 - 11:30 am, Rm. 2226, CDRC

February

3	Movie Group
5	SMA Board Meeting, 12 noon
11	AM Book Group, 10 am, <i>To Siberia</i> , by Per Petterson
12	Threads Group, 9:30 am
13	PM Book Group, 7 pm
18	Winter Luncheon, 11:30 am, Portland Golf Club
19	BLT Group

March

3	Movie Group
5	SMA Board Meeting, 12 noon
11	AM Book Group, 10 am
12	Threads Group
13	PM Book Group, 7 pm
19	BLT Group
24	B3 Packing Day, 9:30 - 11:30 am, Rm. 2226, CDRC

Student Lounge Project. Last fall, the SMA board voted to fund a project to update and improve some of the furnishings in the library's Student Lounge. The area is available to students in all departments and disciplines at OHSU and is the only area on campus open 24 hours, 7 days a week. Furniture has been ordered but has not yet arrived. We eagerly anticipate the completion of this project benefitting students at OHSU.

SMA newsletters are published quarterly and sent via email to our membership. In addition, we maintain a website that is updated monthly. January updates include a short obituary on late member Gwynn Dockery, photos from the October Garden Group outing and recent BLT group outings.

To access SMA's web site, enter www.sma-ohsu.org in your web browser, then log in using the username: smamember (all lower case) and password: 1947pinecone. The web address and log-in information can also be found in your current SMA member directory to refer to at any time.

www.sma-ohsu.org

Send articles, photos
or calendar events to:
smaohsu@gmail.com

SMA MEMBER PROFILES

*In an effort to help our members get to know each other a little better, we are offering some short profiles of SMA members. Our thanks to **Pam Anderson** and **Joan Kruse** for conducting interviews, writing the profiles and supplying photos.*



Kathleen McFall
member since 2010

Meet member Kathleen McFall, Director of Communications for the School of Medicine. Her professional position allows her to serve as liaison to the SMA board to help our organization navigate through the sometimes-complicated structure at OHSU. Kathleen enjoys being a member of the SMA and “getting to know all of the wonderful people”. She’s been a member for three years and is proud to be able to support the group’s work.

Kathleen was born and raised in the heart of Washington, DC. She says it was a great place to grow up and shaped her commitment to public service. Her high school was just six blocks from the White House and she has childhood memories of wandering freely around the various Washington museums and monuments.

In 1991, in search of a smaller city and healthier lifestyle, Kathleen and her daughter, Stephanie, drove cross-country to Portland and moved into an historic home in the Alphabet district. Close to Forest Park, Kathleen has discovered most, if not all, of its trails. She loves to walk during every season, during every type of weather.

Her husband, Clark Hays, is a talented writer, former cowboy and lapsed poet! He was raised on a 5,000-acre cattle ranch in Montana and brings the “cowboy-way” to their married life. Given her urban upbringing, Kathleen says theirs is the classic “opposites attract” romance.

She and Clark love to travel. One of their favorite trips was to Iceland, driving around the entire island on the “Rim Road” and staying as guests at farmhouses along the way. The family was struck by the spectacular landscape, hospitable people and interesting culinary delicacies. She says that the Hakari they sampled there - buried, fermented shark - probably had something to do with becoming vegan!

For anyone interested in vegan cuisine, Kathleen recommends her favorite restaurant in NE Portland, Blossoming Lotus. She remarks that Portland is probably the best place in the country for vegans, with many farm-to-table and other restaurants that now offer this fare.

Kathleen’s communication expertise takes her to another love, creative writing. Kathleen says, “Most people are surprised to learn I write books



Betty Meece Kendall
member since 1960

Betty broke the mold.

When Betty was six she lived for a while with her grandparents on a Midwest farm where everyone had to help, especially during harvest. She sat in the driver’s seat of the tractor while her grandmother worked on the engine. Or, her grandmother might be cooking when a broken down harvester was hauled into the yard. A bell would ring. According to Betty, “She would go out, with me tagging along, and fix it in her dress and apron.”

Be aware of what you expose your children to. Many years later, Betty was the first woman in the country to become certified by the National Institute for Automotive Service Excellence as a master mechanic, but the road to that distinction was not smooth.

Betty has always wondered how things worked. Early on, wanting to contribute to the family finances, she took a job fixing machines in a laundromat. She loved to discuss mechanical theory with the owner, who was a retired military engineer.

Over the years, Betty and her husband, Dr. John Kendall, a professor of Medicine at OHSU, raised three children. When their youngest daughter was an exchange student in Europe, Betty went to visit her and bought a new Volvo which she drove from Sweden to Germany. It was a lemon and broke down several times on her trip, and she had to repair it. Later, the Volvo manager asked to meet her and wondered whether she had ever thought about training in auto mechanics. He told her that if she were his wife or daughter, he would recommend that she go.

Back home, she applied to the Portland Community College program in Auto Mechanics. Being a woman in the 1970’s in what was a male-dominated profession was not easy. Once, at a cocktail party, a woman loudly told Betty, “You have to work as a mechanic because your husband is too cheap to buy Triple A!” Another disapproving woman put Betty on her prayer list.

Betty does not linger upon comments like this. She focuses on her accomplishments, including establishing a scholarship fund for women in auto mechanics and raising more than a quarter of a million dollars

McFall, continued

about cowboys and vampires. Well, actually I write them with Clark. So far, we've published three books in the 'Cowboy and Vampire' series. We have a lot of fun writing books together, even though we end up arguing about silly things like grammar and semi-colons. We've brought our own opposites-attract story to what is, at heart, a love story about two people – a cowboy and a vampire – who risk everything to pursue their relationship, while also saving humanity from imminent destruction, of course!"

We couldn't be more pleased to have a member who brings such a unique and colorful perspective to our group.

by Pam Anderson

Kendall, continued

toward that goal.

Betty's interests led her into an unusual job for women at the time, but it was a good fit for her and her passion led her to teach for seventeen years and to contribute to expanding the field of automotive engineering education. Last year, Betty was chosen as one of fifty outstanding graduates of PCC during its Fiftieth Reunion celebration. She was also selected for Seattle's Garfield High School Hall of Fame. Although those accolades are feathers in Betty's cap, she sees herself as someone who worked hard to accomplish her potential, and we are proud of her membership in the SMA.

by Joan Kruse