

2019 Forum on Aging in Rural Oregon

Wednesday, May 1

Track Key

Track 1: Social Services (SS)

Track 2: Community Approaches to Support Aging (CA)

Track 3: Clinical (C)

Pre-Forum Workshop for Caregivers

8am – 12:15pm
Nehalem/
Mikonotunne

Residential Treatment of Individuals Who Have Experienced Brain Injury: Understanding, Managing and Changing Challenging Behaviors

Sherry Stock, ABD/PhD, MS, CBIST, Executive Director – Neurogerontologist, Brain Injury Alliance of Oregon

Forum

1 – 1:55pm
Nehalem/
Mikonotunne

Welcome, Opening Remarks & Introductions

Robert Duehmig, Deputy Director, Oregon Office of Rural Health

Rose Locklear, Field Services Program Manager, Oregon Office of Rural Health

Plenary Session

2 – 3pm
Nehalem/
Mikonotunne

Reflection, Connection, Community: Introducing the Health Humanities as a Strategy to Support Aging in Rural Oregon

Lois Leveen, PhD, Humanities for Healthcare

3:05 – 4pm

Concurrent Sessions

Track 1 (SS)
Sixes

The Experience of Grief and Loneliness

Patrick Arbore, EdD, Director and Founder, Elderly Suicide Prevention & Grief Related Services at the Institute on Aging

Track 2 (CA)
Takelma

Oregon's Medically At-Risk Driver Program

Kristopher Kyes, Medical Programs Coordinator, Oregon Department of Motor Vehicles (DMV)

Track 3 (C)
Shasta

Supporting the Long-Term Care Workforce: The Use of the Project ECHO Model to Build Knowledge and Skills in Nursing Home Staff

Maggie McLain McDonnell, MPH, Senior Program Manager, Oregon Echo Network

Nirmala Dhar, LCSW, ACSW, Older Adult Behavioral Health Services Coordinator for Oregon Health Authority's Health Systems Division

4 – 5:30 pm
Nehalem/Mikonotunne & Chetco/Tututni Exhibit Area

Networking & Light Refreshments

2019 Forum on Aging in Rural Oregon

Thursday, May 2

8 – 8:50am	Breakfast, Announcements
8:50 – 9am	Break
9 – 10am	Plenary Session
Nehalem/ Mikonotunne	Depression, Suicide, & Aging in Rural Communities Patrick Arbore, EdD, Director and Founder, Elderly Suicide Prevention & Grief Related Services at Institute on Aging
10 – 10:30am	Break
10:35 – 11:30am	Concurrent Sessions
Track 1 (SS) Takelma	Introduction to Older Adult Mental Health First Aid Lois Orner, LCSW, Clackamas County Social Services Volunteer Connection Program Manager
Track 2 (CA) Shasta	The Online Doctor Will See You Now: Health Resources for Rural Elders Michele Spatz, MS, All of Us Research Program Community Engagement Coordinator, National Network of Libraries of Medicine, PNW Region, University of Washington
Track 3 (C) Sixes	Navigating Rural Healthcare for Advanced Age Patients in the Years to Come Michael Knower, MD, HMDC, FAAHPM, St. Charles Hospice Chris Kelley, RN, MHL, Mt Bachelor Memory Care
11:30 – 11:45am	Break
11:45am – 1pm	Lunch & Roundtable Discussions
1:05 – 2pm	Concurrent Sessions
Track 1 (SS) Takelma	The Aging and Disability Resource Connection (ADRC) of Oregon: Connecting You to Community Resources Monica Sandgren, Oregon DHS-APD, Community Services & Supports Lacey Hanson, ADRC Program and Technical Specialist
Track 2 (CA) Sixes	Independence, Rural Communities, and the Stigma of Social Services Rebecca Arce, MPP, DHS Aging & People With Disabilities Ashley Carson Cottingham, JD, Director, DHS Aging & People With Disabilities
Track 3 (C) Shasta	Empowering Advocates and Navigators to Facilitate POLST Discussions in Their Community Valerie Jimenez, Executive Director, Oregon POLST Program

2019 Forum on Aging in Rural Oregon

Thursday, May 2

2:05 – 3:05pm

Concurrent Sessions

Track 1 (SS)

Sixes

Positive Approaches to Care—Normal Aging/Not Normal Aging

Janet Holboke, MSW, LCSW, Older Adult Behavioral Health Specialist,
Greater Oregon Behavioral Health, Inc

Rod Harwood, MDiv, MA, BCC, Older Adult Behavioral Health Specialist,
Greater Oregon Behavioral Health, Inc

Track 2 (CA)

Takelma

Healthy Aging through Community and Exercise:

A Case-Study of Strong Women Programs in the Columbia River Gorge

Lauren Kraemer, MPH, Assistant Professor of Practice, Oregon State University, Strong Women
Ambassador & Master Trainer

Claire Culbertson, Strong Women Leader & Oregon State University Extension
Service Community Volunteer

Ann Dow, Strong Women Leader & Oregon State University Extension
Service Community Volunteer

Track 3 (C)

Shasta

MOVE-ing Toward Person-Centered Care: Practical Tools for Caregivers

Leah Brandis, Lead project manager for the Oregon Nursing Home Resident Safety
Collaborative at Health InSight Oregon

Serena Hasworth, MPH, Research assistant and project manager in the Portland State
University Institute on Aging

3:05 – 3:35pm

Networking & Light Refreshments

3:35 – 4:30pm

Concurrent Sessions

Track 1 (SS)

Takelma

A Hidden Crisis – The Rise of Grandparents Raising Grandchildren in Oregon

Keren Brown Wilson, PhD, Jessie F. Richardson Foundation CEO

Stephanie Hooper, Jessie F. Richardson Foundation, President

Track 2 (CA)

Sixes

Hospice in Lincoln County, Oregon

Jerry J. Robbins, MD, Assistant Director of Hospice, Samaritan Healthcare

Warren Sparks, MD, Hospice Medical Director, Samaritan Healthcare

Track 3 (C)

Shasta

Empowering Communities through the LiveWell Method™

Barbara Kohnen Adriance, Founder of The Malden Collective

Lisa McKerlick, MSN, RN, RN Facilitator/Lead Trainer, Providence Portland Medical Center

2019 Forum on Aging in Rural Oregon

Friday, May 3

8 – 8:45am	Breakfast, Announcements
8:50 – 9:50am	Concurrent Sessions
Track 1 (SS) Takelma	When a Guardian is Appointed: What Happens Next? The Role of a Fiduciary Jerry Rainey, Certified National Guardian, and cofounder of Cornerstone Services
Track 2 (CA) Shasta	Blue Zones Project -Purpose Workshop—Part I Jessie Hecocta, Relationship Manager, Blue Zones Project, Klamath Falls
Track 3 (C) Sixes	Pruning the Pills: A Deprescribing Strategy for Addressing Polypharmacy Lisa Honsvik, RN, DNS, Willowbrook Terrace Michael Knowler, MD, HMDC, FAAHPM, St Charles Hospice
9:55– 10:55am	Concurrent Sessions
Track 1 (SS) Takelma	Community-Based Palliative Care in Rural Oregon Donna Becker, MSW, PeaceHealth Peace Harbor Palliative Care Stephen Kerner, DO, PeaceHealth Peace Harbor Palliative Care
Track 2 (CA) Shasta	Blue Zones Project -Purpose Workshop—Part II Jessie Hecocta, Relationship Manager, Blue Zones Project, Klamath Falls
Track 3 (C) Sixes	Clinical Considerations for Cannabis Use Danielle Backus, PharmD, BCGP, Pacific University John Begert, PharmD, Pacific University
11am – 12pm Nehalem/ Mikonotunne	Plenary Session Every Brain Needs Music Larry S. Sherman, PhD, Professor in the Division of Neuroscience at the Oregon Primate Research Center
12pm	Forum Wrap Up