



## Integrated Behavioral Health in Primary Care Program and Funding Program Description

Columbia Pacific Coordinated Care Organization (CPCCO) developed a program and payment model to support the ongoing work of primary care clinics to deliver the kind of outcomes-based care that the Patient-Centered Primary Care Home (PCPCH) model promotes.

### **Purpose:**

- a. Support clinics that provide integrated behavioral health services in the primary care setting.
- b. Promote adoption of the recommended minimum standards for PCPCHs providing integrated health care.

### **Clinic Eligibility Requirements:**

- ✓ Belong to a health system with >250 CPCCO members as of January 1<sup>st</sup>, 2017.
- ✓ Be PCPCH recognized.
- ✓ Meet minimum integration criteria as outlined in *Criteria for Determining Level of Integration* (page 2).

### **Funding Model:**

Qualifying clinics will be classified as either Tier 1 or Tier 2 integration. Each tier corresponds with a designated per member per month (PMPM) payment amount of between \$2 and \$4.

### **Terms for Participation:**

- Provide a projection of Behavioral Health Clinician (BHC) utilization for each clinic.
- Report monthly totals of specified quality metrics for each qualifying clinic on first a quarterly, then a semi-annual basis.

## Criteria for Determining Level of Integration

### Tier 1 Integration:

<p><b>Basic Requirements:</b></p> <ul style="list-style-type: none"> <li>✓ At least 0.5 FTE licensed behavioral health clinician (BHC) as defined by ORS 414.025 is on-site, located in the same shared physical space as medical providers</li> <li>✓ Mental Health, Substance Use Disorder, and Developmental Screening strategy is established with documentation for on-site local referral resources and processes</li> </ul>
<p><b>Communication around Shared Patients:</b></p> <ul style="list-style-type: none"> <li>✓ Primary care clinicians, staff, and BHCs document clinically relevant patient information in the same medical record at the point of care; <b><i>or</i></b> Care team and BHC routinely engage in face-to-face collaborative treatment planning and co-management of shared patients</li> </ul>
<p><b>Same-day Access:</b></p> <ul style="list-style-type: none"> <li>✓ On average, <b><i>at least 25%</i></b> of BHC hours at the practice each week are available for same-day services (may include average weekly late-cancellation/no-shows converted to same-day services)</li> </ul>
<p><b>BHC as an Integrated Part of the Primary Care Team:</b></p> <ul style="list-style-type: none"> <li>✓ Warm hand-offs/introductions between care team members and BHC</li> <li>✓ BHC is a regular part of practice activities (such as team meetings, provider meetings, quality improvement projects, case conferences, etc.)</li> </ul>

### Tier 2 Integration:

<p><b>Basic Requirements:</b></p> <ul style="list-style-type: none"> <li>✓ At least 0.5 FTE licensed behavioral health clinician (BHC) as defined by ORS 414.025 is on-site, located in the same shared physical space as medical providers</li> <li>✓ Mental Health, Substance Use Disorder, and Developmental Screening strategy is established with documentation for on-site local referral resources and processes</li> </ul>
<p><b>Communication around Shared Patients:</b></p> <ul style="list-style-type: none"> <li>✓ Primary care clinicians, staff, and BHCs document clinically relevant patient information in the same medical record at the point of care; <b><i>and</i></b></li> <li>✓ Care team and BHC routinely engage in face-to-face collaborative treatment planning and co-management of shared patients</li> </ul>
<p><b>Same-day Access:</b></p> <ul style="list-style-type: none"> <li>✓ On average, <b><i>at least 50%</i></b> of BHC hours at the practice each week are available for same-day services (may include average weekly late-cancellation/no-shows converted to same-day services)</li> </ul>
<p><b>BHC as an Integrated Part of the Primary Care Team:</b></p> <ul style="list-style-type: none"> <li>✓ Warm hand-offs/introductions between care team members and BHC</li> <li>✓ BHC is a regular part of practice activities (such as team meetings, provider meetings, quality improvement projects, case conferences, etc.)</li> <li>✓ Pre-visit planning activities such as scrubbing and/or huddling for behavioral health intervention opportunities</li> </ul>
<p><b>Staffing Ratio:</b></p> <ul style="list-style-type: none"> <li>✓ BHC(s) provide care at a ratio of 1 FTE BHC for every 6 FTE Primary Care Clinicians</li> </ul>



## Quality Metric Reporting Specifications:

Qualifying clinics will be required to submit regular reports outlining the following:

- ✓ Percentage of unique CPCCO members that were seen by BHC in primary care.
- ✓ Average percentage of BHC hours available for same-day services.
- ✓ Reporting on a target population: chronic pain, diabetes, depression, hypertension, tobacco, adolescent A&D screening, autism screening, follow-up after ADHD prescribing.

## Behavioral Health Clinicians (BHC) as defined by ORS 414.025:

- A licensed psychiatrist;
- A licensed psychologist;
- A certified nurse practitioner with a specialty in psychiatric mental health;
- A licensed clinical social worker;
- A licensed professional counselor or licensed marriage and family therapist;
- A certified clinical social work associate;
- An intern or resident who is working under a board-approved supervisory contract in a clinical mental health field; or any other clinician whose authorized scope of practice includes mental health diagnosis and treatment.

## Additional Supports Available through Columbia Pacific CCO:

In addition to the alternative payments described above, Columbia Pacific offers supports to participating clinics to assure success, including:

- Monthly Behavioral Health Peer to Peer meetings to troubleshoot with the embedded behaviorists in primary care clinics;
- Monthly combined learning collaborative for primary care operations leaders and embedded behaviorists to discuss barriers and successes to operationalize the Primary Care Behavioral Health model; and
- Clinic-specific Technical Assistance, as needed and requested.